



# Donation Guide

- Please check expiration dates!
- Store brands are fine; Aldi stores have cases stacked out in the store.
- Wholesale Membership clubs offer great prices on large two-pack peanut butter & jelly; eight-packs of canned soups, vegetables, etc.
- Some groups pool their funds and have a designated buyer.
- Place donations in the grocery cart in the Atrium.

## ACCEPTED ITEMS

**Canned Meat** (tuna, chicken): 5 oz. can

**Soup** (w/ meat, pasta, rice, vegetables. Hearty/chunky soups are good)  
10.5 oz. to 19 oz. cans

**Pasta Sauce:** 15 oz. can or 24 oz. jar

**Spaghetti** (or linguine, angel hair pasta): 1 lb. box or bag

**Canned Stews** (beef stew, ravioli, etc.): 15 oz. can

**Canned Fruit:** 15 oz. can

**Canned Vegetables:** 15 oz. can

**Beans (any kind):** 15 oz. can or 1 lb. bag of dried beans

**Peanut Butter:** 16 oz. jar

**Jelly (any kind):** 18 oz. to 24 oz. jars

**Cereal (any kind):** 14 oz. or 15 oz. boxes (standard size)

**Grits (quick cooking):** 24 oz. box

**Corn Muffin Mix:** 16 oz. box or bag

**Macaroni and Cheese:** 7.25 oz. box

**Saltine Crackers:** 1 lb. box with four 4 oz. sleeves

**Instant Non-fat Dry Milk:** Box of ten 1 qt. pouches (Kroger or Publix)

**Jell-O, Gelatin:** 3 oz. box

**Instant Pudding:** 3.9 oz. box

**Rice** (plain, white): 16 oz. bag

**Bread:** Loaf

**Hot Dog Buns:** Package of 8

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**Margarine:** 1 lb. box with four 8-Tablespoon sticks

**NO RAMEN, PLEASE.**